Topical Steroid Withdrawal (TSW) Syndrome resources


The National Eczema Association (NEA) raises awareness of TSW with insights from experts and TSW patients (USA): https://nationaleczema.org/tsw-need-to-know/

ITSAN and AAN International Survey publication - Corticosteroid Exposure and Cumulative Effect in Patients with Eczema https://www.annallergy.org/article/S1081-1206(22)01813-0/fulltext?fbclid=IwAR0wIX2adtkJgwfOPPd5mbU3xDBc1CQZBO40rDnzhl6jed4MTygoQkJDxdg

Dr. Marvin Rapaport explains how to recognize and treat TSW patients: total cessation of topical steroids, comfort measures, treating symptoms, infection prevention, and addressing anxiety: https://www.sciencedirect.com/science/article/abs/pii/S0738081X02003656


Dr. M. Fukaya et al (Japan) weighing in on guidelines for eczema and topical steroid use. First stab at TSA/TSW prevalence (7-12% of TS users) TSW must be taken into consideration and prevented: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4207549/
Dr. Peter Lio on the challenges of TSW - recognizing, treating and preventing:  

Nursing magazine on how to best deal with TSW in their patients:  
https://journals.lww.com/nursing/Citation/2007/09000/Facing_up_to_withdrawal_from_topical_steroids.46.aspx

BBC Article calling for more TSW patient support:  

“Preventable” a documentary about people with TSW, specialists, and the battle to diagnose, treat, and ultimately prevent.  
https://www.youtube.com/watch?v=RMbtf3C8BZk&t=2s

“Skin on Fire” Documentary  
https://www.youtube.com/watch?v=GuaBbsL1qKA&t=1277s