



Topical Steroid Withdrawal (TSW) Syndrome resources

British Association of Dermatologists (BAD) and National Eczema Society (NES) joint statement (United Kingdom) about Topical Steroid Withdrawal:

<https://eczema.org/wp-content/uploads/Topical-Steroid-Withdrawal-position-statement.pdf>

UK's MHRA Topical Steroid Withdrawal Reactions: A Review of the Evidence:

<https://www.gov.uk/government/publications/topical-steroid-withdrawal-reactions-a-review-of-the-evidence>

The National Eczema Association (NEA) raises awareness of TSW with insights from experts and TSW patients (USA): <https://nationaleczema.org/tsw-need-to-know/>

ITSAN and AAN International Survey publication - Corticosteroid Exposure and Cumulative Effect in Patients with Eczema

[https://www.annallergy.org/article/S1081-1206\(22\)01813-0/fulltext?fbclid=IwAR0wlX2adtkJgwfOPPd5mbU3xDbc1CQZBO40rDnzh16jed4MTygoQ kJDxdg](https://www.annallergy.org/article/S1081-1206(22)01813-0/fulltext?fbclid=IwAR0wlX2adtkJgwfOPPd5mbU3xDbc1CQZBO40rDnzh16jed4MTygoQ kJDxdg)

Dr. Marvin Rapaport explains how to recognize and treat TSW patients: total cessation of topical steroids, comfort measures, treating symptoms, infection prevention, and addressing anxiety:

<https://www.sciencedirect.com/science/article/abs/pii/S0738081X02003656>

A guide for Doctors (GPs) from an Australian doctor, Dr. Belinda Sheary, on diagnosing and treating TSW:

<https://www.racgp.org.au/afp/2016/june/topical-corticosteroid-addiction-and-withdrawal-%E2%80%93-an-overview-for-gps/>

Dr. M. Fukaya et al (Japan) weighing in on guidelines for eczema and topical steroid use. First stab at TSA/TSW prevalence (7-12% of TS users) TSW must be taken into consideration and prevented: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4207549/>

Dr. Peter Lio on the challenges of TSW - recognizing, treating and preventing :
<https://practicaldermatology.com/articles/2019-aug/topical-steroid-withdrawal-in-atopic-dermatitis>

Nursing magazine on how to best deal with TSW in their patients:
https://journals.lww.com/nursing/Citation/2007/09000/Facing_up_to_withdrawal_from_topical_steroids.46.aspx

BBC Article calling for more TSW patient support:
<https://www.bbc.com/news/uk-wales-56407982>

“Preventable” a documentary about people with TSW, specialists, and the battle to diagnose, treat, and ultimately prevent.

<https://www.youtube.com/watch?v=RMbtf3C8BZk&t=2s>

“Skin on Fire” Documentary

<https://www.youtube.com/watch?v=GuaBbsL1qKA&t=1277s>